

For Busy Peeps - Main

Easy Chili



Ready in **20 minutes**

Serves: 6-8

Ingredients

- 1 lb ground hamburger
- 1 lb ground sausage (mild, hot, or sweet)
- 1 sweet onion, chopped
- 2-3 cloves garlic, minced
- 1 Tbsp ground chili powder
- 1 tsp ground cumin
- 15 oz can of your favorite chili
- 2 cans of tomato soup

Directions

- Brown hamburger and sausage
- Add onion, stir
- Mix in garlic, chili and cumin
- Add 1 can of chili, 2 cans of tomato soup
- Let simmer for 10-15 minutes on low
- Serve over rice or with cornbread

Tips

May garnish with cheese, sour cream and green onions if desired. You may add additional heat by adding hot sauce. I like it just as it is.

Spiritual message in this recipe

Sometimes things are better together, than they are apart. Plain chili doesn't appeal to me. Adding rice or corn bread makes it delicious. What is something you can add to what you are doing to make it go from good to great?